



Doubling Down on Behavioral Health and Substance Use: State Government, Safety-Net Providers, and Our Combined Response to the Coronavirus

Maryland Community Health Resources Commission

October 19, 2020



Presenters Today

- **Panelists:**

Steve Schuh, Executive Director, OOCC

Elizabeth Chung, CHRC Chair

Andrea Freeman-Kelley, Executive Director, Life Energy Wellness Center

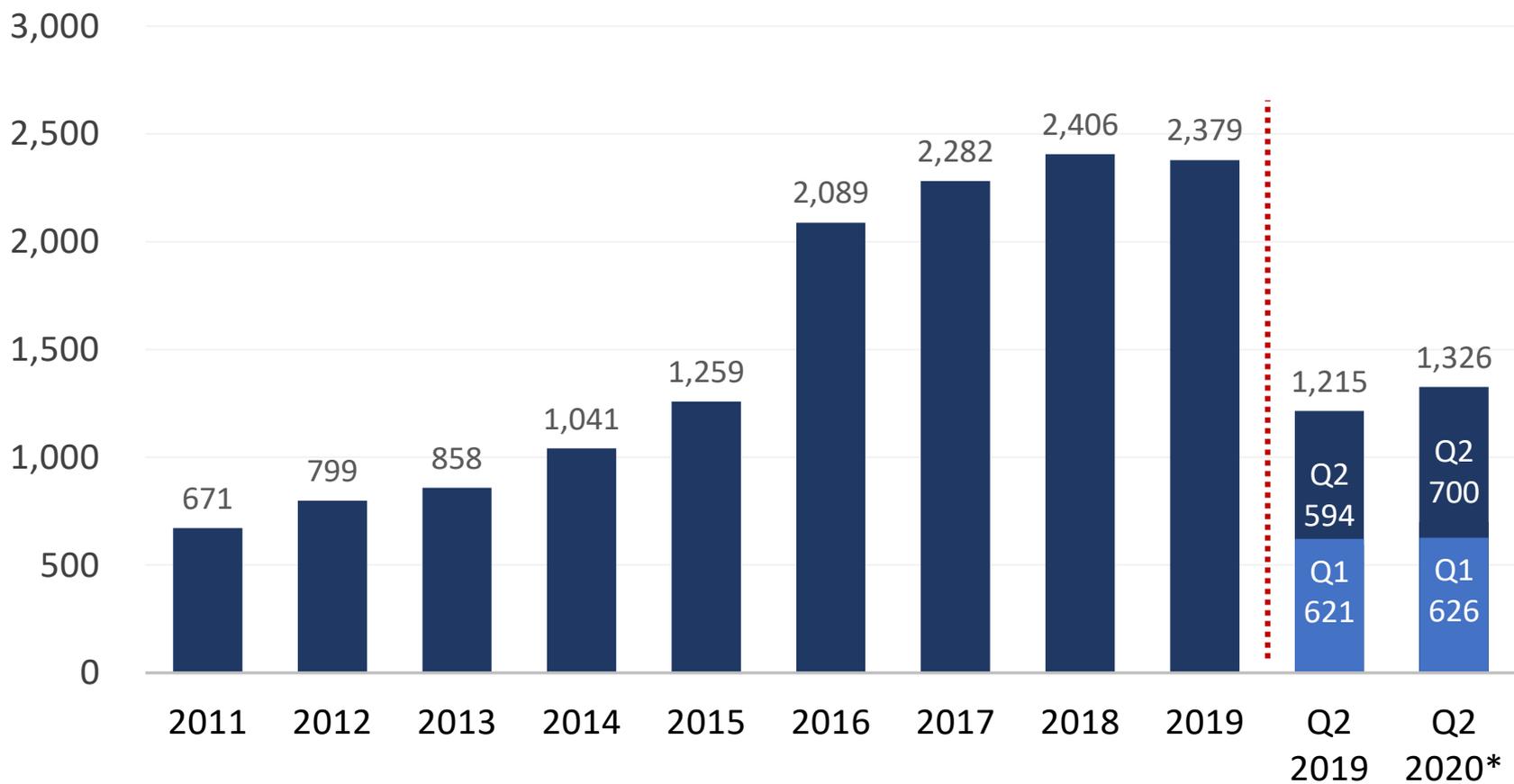
- **Moderator:**

Mark Luckner, CHRC Executive Director



Before it's too late.

All Unintentional Intoxication Fatalities 2011-Q2 2020*



*2020 counts are preliminary.



Before it's too late.

Opioid-Related Intoxication Deaths by County Through Second Calendar Quarter, 2020*

County	2019	2020	Difference	Percent Difference	County	2019	2020	Difference	Percent Difference
Allegany	13	20	7	53.8%	Harford	38	33	(5)	(13.2%)
Anne Arundel	93	101	8	8.6%	Howard	14	26	12	85.7%
Baltimore City	462	427	(35)	(7.6%)	Kent	6	2	(4)	(66.7%)
Baltimore Co.	171	176	5	2.9%	Montgomery	38	51	13	34.2%
Calvert	13	11	(2)	(15.4%)	Prince George's	37	87	50	135.1%
Caroline	7	8	1	14.3%	Queen Anne's	8	6	(2)	(25.0%)
Carroll	24	20	(4)	(16.7%)	Somerset	1	7	6	600.0%
Cecil	24	43	19	79.2%	St. Mary's	12	12	0	0.0%
Charles	12	17	5	41.7%	Talbot	9	7	(2)	(22.2%)
Dorchester	5	10	5	100.0%	Washington	39	57	18	46.2%
Frederick	33	34	1	3.0%	Wicomico	15	15	0	0.0%
Garrett	2	3	1	50.0%	Worcester	9	14	5	55.6%
Statewide Total						1,085	1,187	102	9.4%



Before it's **too late.**

About the OOC: Mission and Operations

- Coordinate the statewide response to the opioid crisis and assure that efforts align with the governor's three major policy priorities
- Prepare the state's strategic plan, entitled the *Maryland Inter-Agency Opioid Coordinating Plan*
- Coordinate the efforts of 20 state agencies and 24 local jurisdictions
- Disseminate best practices and identify gaps
- Review and approve all opioid-related budget proposals and legislation



Before it's too late.

COVID-19 Inter-Agency Overdose Action Plan *Goals*

- Prevent Problematic Substance Use
- Reduce Substance-Related Morbidity and Mortality
- Expand Alternatives to Incarceration for People with Substance Use Disorder
- Expand Access to SUD Treatment in the Criminal Justice System
- Monitor Substance-Use Trends
- Expand Access to Substance Use Disorder Treatment
- Ensure Access to Recovery Support Services



Before it's **too late.**

Challenges for Rural Communities in Responding to SUD

- Small populations
- Large distances
- Lack of financial and human resources
- Lack of connectivity
- Community reluctance



Before it's **too late.**

Approaches for Rural Communities

- Telemedicine
- Multi-jurisdictional providers (e.g., Whitsitt Center)
- Targeted regional solutions



Before it's too late.

The OOCC is Easy to Reach

100 Community Place
Crownsville, MD 21032

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443-381-3805

WWW.BEFOREITSTOOLATE.MARYLAND.GOV

 @BeforeItsTooLateMD |  @BeforeIts2Late | #HERETOHELP

CHRC Background & Mission

- Created by the Maryland General Assembly in 2005:
 1. Expand access to health care in **underserved communities**;
 2. Support projects that serve **low-income Marylanders**, regardless of insurance status; and
 3. Build capacity of **safety net providers**.

CHRC Commissioners

Eleven Commissioners, appointed by the Governor

Elizabeth Chung, CHRC Chair and Executive Director, Asian American Center of Frederick

J. Wayne Howard, CHRC Vice Chair, Former President and CEO, Choptank Community Health System, Inc.

Scott T. Gibson, Senior Vice President of People and Programs, Melwood Horticultural Training Center, Inc.

Celeste James, Executive Director of Community Health and Benefit, Kaiser Permanente of the Mid-Atlantic States

Maulik S. Joshi, Dr. P.H., President & CEO, Meritus Health

Karen-Anne Lichtenstein, Former President & CEO of The Coordinating Center

Carol M. Masden, LCSW-C, MDPCP Project Manager, Lois A. Narr, D.O., LLC

Destiny-Simone Ramjohn, Vice President, Community Health and Social Impact, CareFirst BlueCross Blue Shield

Erica I. Shelton, M.D., Assistant Professor, Johns Hopkins University School of Medicine, Department of Emergency Medicine

Carol Ivy Simmons, Ph.D. Kaiser Permanente

Anthony C. Wisniewski, Esq., Chairman of the Board and Chief of External and Governmental Affairs, Livanta, LLC

Impact of CHRC Grants

- 266 grants totaling \$77.7 million.
- More than **488,000 Marylanders** served.
- Statewide impact- projects in all **24 jurisdictions**.
- **Address Social Determinants of Health (SDOH)**.
- Federally Qualified Health Centers, local Health Departments, free clinics and outpatient behavioral health providers.

CHRC as Steward of Public Funds

- Current portfolio of **65 open grants; \$11.1 million** in funds managed.
 - 72 Grants totaling \$19.4 million awarded to Behavioral Health programs.
 - 135 Grants totaling \$36.6 million awarded to Maryland Rural health programs.
- Prioritize projects that yield **quantifiable outcomes**, i.e., clinical outcomes and cost-savings.
- Grantees are held **accountable for performance** and achieving goals and outcomes.

Supporting Safety Net Providers During COVID

#1- Provide relief for current grantees

- Permit reporting extensions and extend grant end dates for up to 12 months.
- Option to change outcome metrics.
- Re-allocate up to 25% of remaining grant funds for COVID-related activities/response.

#2- Issue COVID Emergency Funding Relief Call for Proposals (next slides)

COVID-19 Emergency Relief Call for Proposals

- 66 Proposals received, requesting a total of **\$2.8 million** in funding requests. Of these requests, 40 first time applicants and 48 have not received CHRC funds.
- \$1.46 million in federal CARES Act funding made available to CHRC from MDH.
- 46 Awards to made to Maryland's safety-net providers.
- 15 Awards were made to Maryland Behavioral Health programs.

COVID-19 Emergency Relief Call for Proposals

Examples of COVID funding requests:

1. Telehealth (expansion / creation of services)

- Laptops
- HIPAA Compliant Software
- Video services (Zoom)

2. Procurement of PPE

3. Infection control measures

- Sanitization / deep cleaning of facilities
- Equipment for minimization of aerosolized saliva (Dental)

4. Physical & social distancing

- Purchase of equipment



Life Energy Wellness

- Life's Energy Wellness Center Inc. (LEWC Inc.) founded October 17, 2016. LEWC Inc. as a non-profit 501(c)corporation registered with the state of Maryland and is a licensed Integrated Behavioral Health Clinic, Outpatient Mental Health Clinic and Substance Use Disorder Facility issued by the Maryland Department of Health and Mental Hygiene participating in the public mental health system and accredited by CARF International.
- LEWC Inc, currently serves consumers in its physical locations in Talbot, Dorchester, Wicomico Counties in-person and with utilization of Telemedicine, and Telecounseling services.





Life Energy Wellness

CHRC funding has supported...

- Telehealth capacity expansion as well as sustain the needs of consumers accessing services avoiding interruptions in essential mental health and substance use disorder services vital for sustaining long term recovery needs
- Supported the streamlining workflows for direct care clinical staff providing essential mental health and substance use disorder services
- Increased safety for direct care providers and support staff for in office access of PPE to consumers participating in group therapy, individual therapy, medication management/Medication Based Treatments (MAT) and urgent psychiatry appointments.





Life Energy Wellness

Programs and Services

Personalized & Individual Counseling
Telepsychiatry & Telecounseling
Adolescent & Family Therapy Groups
Co-Occurring Disorder Groups
Traditional Outpatient Mental Health Groups
Trauma Focused Resilience Groups
Relapse Prevention Groups
Positive Parenting Skills Groups
Anger Management
Sex Offender Treatment (2-year program)
Intensive Outpatient Treatment
12 Hour DUI/DWI Education

26 Week Alcohol Treatment
Marijuana Outpatient Treatment Program (Adolescents & Young Adults)
Enhanced Intensive Outpatient Treatment Program
No Cost Gambling Treatment Program (Maryland residents)
Sex & Love Addiction Treatment Program
Medication Assisted Therapies (Suboxone, Vivtrol, Sublocaid)
Peer Support & Care Coordination
Health Education & Prevention Trainings
Referrals to Inpatient Treatment & Community Services



Life Energy Wellness

- **Hybrid Work Stations:**

- Asynchronous & Synchronous Collaboration

- Creating a more productive, easier, and safe “New Normal” with hybrid workflows that support every process from pre-registration, MH/SUD screening, Assessment and medication Induction, Medication Management, Individual Therapy.

- **Safe Internal and External Endpoint Connectivity:**

- Urgent Walk-IN and MAT Inductions provided with communication within the clinic and with referring agencies and partners for warm hand off.

- **Telemedicine connection stations**

- Connections with Prescribers and Providers for consumers with limited or no internet or telephone access.

- **Open Access Service Delivery**

- Improvement in Connectivity and Provider self report 98% satisfaction providing Telepsychiatry and Telecounseling services ability to provide services uninterrupted



Life Energy Wellness

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